



Stockton Striders A.C.

Membership Form 2017

Personal Details

Full Name:

Address:

Postcode:

Contact No:

Email:

Date of Birth:

Emergency Contact Name:

Relationship to You:

Emergency Contact No:

For AAA registration purposes:

For which of the following are you likely to compete in with Stockton Striders:

Road Running Cross Country Track Fell Running Non Competing

If you are already a member of another England Athletics Affiliated club please give your AAA registration number below:

Will Stockton Striders A.C. be first claim or second claim

Signature

Date

For New Members:

How did you hear of Stockton Striders A.C.? Recommendation
Search Engine
Other (please state)

Office Use

Stockton Striders A.C. Subscription £10 Renewal Date:

Stockton Town F.C. Social Member £10 Renewal Date:

EA Affiliation paid transferred New/Existing Member – Striders Membership Number



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Coaching Information

What would you like to get from the group? Get Fitter Lose Weight Run Local Events
Improve Social

Are you currently involved in any other forms of exercise? Yes No

If yes, what type, how often and since when?

How long have you been involved in running?

What distance have you been running recently?

How many times a week are you able to train?

Do you have any restrictions on days/times you can train? (eg. Work/family commitments)

Yes No If yes, please give details:

What are your aims for the next 8 weeks?

What are your aims for the next year?

Please indicate if you would like to be included in the club league: Yes No

Do you have any injury/allergy/health issues we should be aware of? Yes No

If yes, please give details:

Are you on any medication? Yes No

If yes, please give details:

Please read the following and sign below:

The group leaders are UKA qualified leaders/coaches and are willing to share their experience and enjoyment of the sport with me. **I confirm that I understand that participation in this group is entirely at my own risk.** I should consult a doctor if suffering from any condition that might make running injurious to my health and notify the coach of any issues.

Name:

Signed:

Date: